

# Manchester School Meals



## Welcome Back to the Cafeteria Manchester Students

We are thrilled to be back serving your child for the 2023-2024 school year! To kick off the new year, we wanted to share important updates about our Food and Nutrition Program.

The Michigan School Meals Program is funding **free school meals for all Pre-K to 12<sup>th</sup> grade students this school year!** This funding allows for one free breakfast and one free lunch per student. **Students must take a fruit or vegetable with the entrée to qualify. Extra items such as milk, bottled drinks, a la carte entrees, additional entrees, and snacks are not included in this program but will be available for purchase.**

**\*\*\*If your child packs their lunch and wants a milk they will need money to purchase it. Milk is not included in the Michigan School Meals program with out it being part of a complete meal\*\*\***

Breakfast is available every school day this year (including half days) and will be served before and up to the first bell. Breakfast will include grab and go items, fresh fruits, low-fat milk, and a variety of other sides.

Lunch is available each full day of school. Lunch will include the entrée, fruits and vegetables, and choice of low-fat milk.

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# News Corner

## Free & Reduced-Price Meal Applications Now Known as the Application for Summer EBT & Education Benefits

This application is intended for families who would normally qualify for free/reduced meals. This is an income based application and based on your household income, your child may qualify for other programs such as:

- Summer EBT
- Pay to play or Pay to Participate
- Potential household support for internet

Families are encouraged to continue to fill out the online application for Summer EBT and Education Benefits for MI School Meals Program for the 2023/24 school year. **A new application is required at the beginning of each school year.**

**Applications for this program also support the district beyond food service including Title I and 31a funding.**

**What do I need to do?** For more information, please visit [manchesterschools.us](http://manchesterschools.us) select food service, then select [Application for Summer EBT and Education Benefits](#) for more information. If you have questions, please reach out to the Director of Dining Lisa Garrison 734-428-9711 ext. 1120 [lgarrison@mcs.k12.mi.us](mailto:lgarrison@mcs.k12.mi.us)

## Supply Chain Impacts Menus

With the Michigan School Meals, supply chain issues may affect our daily menus. This will cause us to alter our posted menus with little to no notice. While it is our intention to serve the posted menu, supply issues may not make this possible.



### Fresh & Local Fruit & Vegetable Self-Serve Bar

Every day we offer a fresh fruit and vegetable bar for our students. We offer more items in addition to what is featured on our menu. Our cafes feature local produce when seasonally available such as apples, carrots, cucumbers, strawberries, and more!

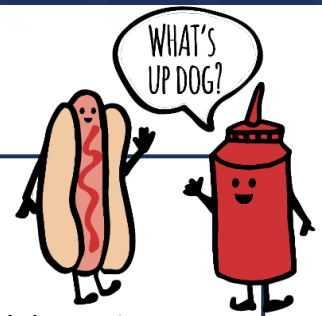
Fruits and vegetables are included with every meal. Our bars are self-serve so your child can select a scoop of their favorites such as strawberries or try a new item such as one floret of purple cauliflower. Our team always encourages our students to try new items.



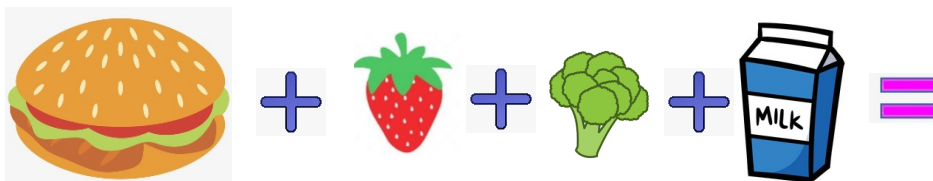
## Adding Funds to Students Breakfast & Lunch Accounts

<https://manchestermi.familyportal.cloud>

One breakfast and one lunch is free for each student. Extra items such as drinks, extra entrees, and snacks will be available for purchase. Through Family Portal, you as parents can view the purchases your child is making at lunch. Here spending restrictions and custom alerts can be placed on your child's account online. Deposits can be made online into your child's account – there is a processing fee. Online deposits go live into your student's account at the time of the deposit. Additionally, deposits can be made at your child's school by sending cash or a check payable to Manchester Community Schools for no fee.



## What is included with a School Breakfast & Lunch?



All the items you could choose for a complete meal

A meal includes an entrée, fruit, veggies, and a low-fat milk. Our team will encourage students to take advantage of the fruit and vegetable bar! Therefore, if a team member sees your child with only an entrée we will encourage them to grab a fruit or veggie, however, it is always the students choice.

*Students must take a fruit or vegetable with the entrée to qualify for a free breakfast or lunch.*

As participants in the National School Breakfast and Lunch program, we are obligated to follow all regulations. These include serving sizes, calorie content, and nutritional guidelines pertaining to all food offered for sale during the school day.

## A la carte Prices

The Michigan School Meals Program is funding free school meals for students this school year! This funding allows for one free breakfast and one free lunch per student. *Students must take a fruit or vegetable with the entrée to qualify for a free breakfast or lunch.* Additional meals, beverages, and snacks may be purchased.

### Klager Elementary a la carte options

Milk \$.75, Snack \$.75, bottled water \$1.25, second entrée \$2.25, Entrée with no fruits/vegetables \$3.00

### Riverside Manchester Jr/Sr High School a la carte options

Milk \$.75, bottled water \$1.75, assorted sugar free beverage(9-12 only) & snack options, second entrée lunch \$2.25, entrée with no fruits/vegetables \$3.00